

North Tempe

Multi-Generational Center Winter 2016

Dec-Feb

Phone: 480-858-6500 Fax: 480-858-6545

1555 N. Bridalwreath St., Tempe, AZ 85281

Facility Hours

Fitness Area

Monday-Thursday 7:30am-9pm Friday 7:30am-8pm Saturday 10am-5pm

Education Room

Monday-Thursday 11am-9pm Friday 11am-8pm Saturday 10am-5pm

Boys & Girls Club

Monday-Friday 3:30-7:00pm Saturday 10am-5pm

TCAA Senior Center

Monday-Friday 8am-3pm

Gymnasium

Call 480-858-6500 for information

Facility Directory

City of Tempe 480-858-6500

Boys & Girls Club 480-858-6502

Laird Elementary School 480-941-2440

Maricopa County **Head Start** 480-858-6536

TCAA Senior Center 480-858-6510

Chicanos Por La Causa 480-858-6543

Tempe YMCA 480-858-6524



Laird School Construction

Tempe Elementary is one of the oldest districts in the Valley and has a number of aging schools. Laird is the sixth school to be rebuilt from the ground up in recent years.

The \$13.5 million, 70,000-squarefoot project will serve 644 kindergarten through eighth grad-



The previous Laird School was demoed with a new school currently being built on the existing site. The new facility will include flexible design classrooms, community learning spaces, and play

areas separated by students' ages. The current students at Laird are temporarily relocated to Meyer School during the school year while Concord/DLR Group construct their new 21st Century Learning Facility.



The construction team is involving the 4th, 6th, 7th, and 8th grade STEM Students within the construction process, taking their studies and applying them to "real life" circumstances that align with construction activities currently happening at their new school. Activities include sessions

Source: http://lairdschoolconstruction.com

on calculating concrete, measuring for millwork, accounting for construction, and marketing in construction.

Construction is scheduled from May 2015- July 2016.

Laird School is temporarily located at Meyer (2615 S. Dorsey Ln Tempe, AZ 85281) for the 2015-2016 school year.

Buses will be available for students enrolled in North Tempe Boys & Girls Club After-School program to be transported from Meyer to the North Tempe Multi -Generational Center during the construction period.

For more information visit: www.tempeschools.org/laird or call 480-941-2440.



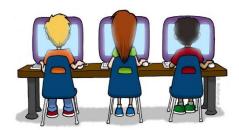
Holiday Hours Center Closed

Friday and Saturday, December 25th & 26th Friday and Saturday, January 1st & 2nd Monday, January 18th Monday, February 15th

Open 7:30am-5pm December 24th & 31st Open 7:30am-8pm December 21st-23rd & 28th-30th

Tempe Public Library Outreach Resource Center

Use computers with the latest software or surf the internet to research topics using the same programs offered at the Tempe Public Library. The City of Tempe offers this service at two locations, the Escalante Community Center and North Tempe Multi-Generational Center.



Computers are available for patrons age 6 years and older only. Printing costs .25 cents per page and must be paid prior to printing. Tempe Public Library Internet and User Conduct policies and procedures are in effect at all times. A valid Tempe Public Library card is REQUIRED.

Computer Lab Hours

Monday-Thursday 11am-9pm

Friday 11am-8pm

Saturday 10am-5pm

Fitness Center Information

A membership is REQUIRED to use the FITNESS CENTER. Members must be 16 years and older to use the Fitness Center.

A parent/legal guardian MUST fill out a membership form at the front desk for participants under 18 years old.

Valid State Issued photo identification card is required for membership registration.

<u>Fitness Membership Fees:</u>

1 year pass- \$25.00 (valid 1 year from date of purchase)

20 visit punch pass- \$10.00 (valid for 6 months from date of purchase)

1 day pass- \$1.00

FITNESS EQUIPMENT

- 2 treadmills
- 3 Elliptical cross-trainers
- 1 recumbent bike, 1 upright bike
- 5 multi-exercise strength training machines
- 1 dumbbell set (5lbs-40lbs)
- 4 televisions with cable access
- Towels provided for use while in the center
- Wireless receivers for TV viewing or radio listening with headphones

Family Bingo Nights

6pm-7:30pm

Friday , December 18th Friday, February 26th



Bring your family, friends, and neighbors to these funfilled events. Prizes and concessions will be available. Admission is free! Registration is required for each family. Space is limited!

For more information or to register for Bingo Night call 480-858-6500.

Open Gym



Open Gym for Volleyball and Basketball is held every Wednesday from 6pm-8:45pm.



Activities for Children

Toddler Art Time Toddlers have an opportunity to explore art through a variety of different age appropriate activities. Watch their concentration, motor skills and hand-eye coordination grow. One adult may register with each child. Fee: \$8. 480-350-5814

 47685
 2-5 yrs T
 1/12-2/2
 9:15-10 a.m.

 47686
 2-5 yrs T
 1/12-2/2
 10:15-11a.m.

 47687
 2-5 yrs T
 2/9-3/1
 9:15-10 a.m.

 47688
 2-5 yrs T
 2/9-3/1
 10:15-11 a.m.

Toddler Craft Time Toddlers are encouraged to use their ever-so-curious minds through the introduction of new textures and artistic mediums. Toddlers can explore their creativity through painting, coloring, gluing, and play dough. One parent may register with each child. Fee: \$8, 480-350-5814

 47671
 2-5 yrs
 Th
 1/14-2/4
 9:15-10 a.m.

 47672
 2-5 yrs
 Th
 1/14-2/4
 10:15-11a.m.

 47673
 2-5 yrs
 Th
 2/11-3/3
 9:15-10 a.m.

 47674
 2-6 yrs
 Th
 2/11-3/3
 10:15-11 a.m.

Nurturing Parenting Tempe Public Library and New Directions Institute for Infant Brain Development have partnered to bring this evidence-based parenting program taught by NDI experienced parent educators. The program focuses on practices that build respectful communication, self-worth, empathy, discipline, and empowerment. Free childcare is provided. Fee: None. 480-350-5500.

47319 3-4 yrs Th 1/7-3/10 9:30-11:30 a.m.

Indoor Youth Soccer Academy Introduce your child to the joys of the world's most popular sport. Participants will work collaboratively through developmental play. *No Class on 2/15 and 3/7. Fee: \$10. For more information contact Jennifer Gall 480-350-5805.

47329 3-6yrs M 1/25-3/21* 6:30-7:15 p.m. 47330 7-10yrs M 1/25-3/21* 7:30-8:15 p.m.



Activities for Adults/ Teens

New! Zinio Borrow digital magazines from the Tempe Public Library using your library and a WiFi connection anywhere, anytime. Check out as many issues as you want and keep them in your account as long as you wish. Fee: None. 480-350-5500.

47306 18 yrs+ Th 1/7 3:30-5 p.m.

Yoga; Therapeutic Learn to move with grace and ease while using basic breathing exercises and simple yoga poses to help relax your head, neck, shoulders and back. This class will flow at a slower pace and students of all experiences and backgrounds are welcome. Participants must bring own yoga mat. *No Class 1/18, 2/15. Fee: \$59. 480-350-5200

46802 16 yrs+ W 1/6-3/23 6:15-7:15 p.m.

Martial Arts; Karate Join this Kenpo Karate martial arts class for beginning and intermediate students. Classes begin with a light warm-up and stretch followed by basic kick-punch-block drills. Self-defense techniques are taught, as well as forms (katas) and light sparring (optional). Fee: \$62. 480-350-5200

46631 12 yrs+ Th 1/7-3/24 7-8:25 p.m

Yoga with Weights The perfect combination of flexibility and strength-training. Class combines yoga moves and strength exercises using 1 to2-lb handheld and ankle weights to strengthen the core of the body. Good posture and alignment are emphasized; use of weights optional. Fee: \$55. 480-350-5200

46818 18 yrs+ T 1/12-3/22 6:15-7:15 p.m.

Activities for Adults (50+ Years)

Good Reads Think of this website as a large library where you can browse through and see everyone's bookshelves, their reviews, and their ratings. Join a discussion group, start a book club, or post your own writing. Fee: None. 480-350-5500.

47318 50 yrs+ Th 2/18-2/25 9:30-11 a.m.

iPad MANIA! We will provide an overview of iPad basics/ settings and explore the Apple Apps Store to find apps that you may want to download to your iPad. Fee: None. 480-350 -5500.

47313 50 yrs+ Th 1/14-1/21 10-11:30 a.m.

Secrets to Getting the Class You Want This drop-in class will help you understand how to register online, in person, by mail or by fax. No registration required. Fee: None. 480-350-5500.

No Code 50 yrs+Th 3/3 9:30-11 a.m.

More Computers Basics Become comfortable and gain confidence using a computer. Learn how to "cut and paste", use a flash drive, select text or pictures and search websites using key words or images. Basic computer skills are required. Fee: None. 480-350-5500.

47316 50 yrs+Th 2/4-2/11 9:30-11 a.m.

Boys & Girls Club

Our Mission: To enable all young people, especially those who need us most, to reach their full potential as productive, caring, responsible citizens.

After School Programs

Boys and Girls Club

for ages 6-12 years old
Promotes academic success,
healthy lifestyles, good character
and citizenship. B&G club provide fun and unique activities including homework help, arts &
crafts, sports, and more!

Monday-Thursday: 3:30pm-7pm Friday: 2pm-7pm \$25

Membership Fee
Covers The Entire
School Year!

The Club Teen Center

for ages 13-18 years old

Homework help, special activities, field trips, and leadership development tailored to today's teens.

Monday-Thursday: 3:30pm-8pm Friday: 2pm-8pm

Winter Break Day Camp

December 21st-December 31st
Free for Club members December 21-23.
\$15 per day/\$70 for the week December 24-31.
Hours: 7:30am-6pm.
December 24 & 31: 8am-5pm.

Closed December 25th/26th & January 1st/2nd

Spring Break Day Camp

March 7th-11th \$15 pe<mark>r day / \$70 per week</mark> Hours: 7:30am-6pm

These Camps are offered by the Boys and Girls Clubs of the East Valley and are open to boys and girls ages 5-12 (must be currently enrolled in kindergarten). Camp includes field trips (optional low cost fee) and five areas of fun. Lunch is not provided so please pack a lunch for your child.

Soccer for Success

Free for all Members!

Soccer program funded by the US Soccer Foundation that teaches soccer, nutrition, and healthy lifestyles.

Basketball

Season starts in January Sign-up Now! \$25

Cheer

Season starts in January
Sign-up Now!
\$25

For any Boys and Girls Club related questions call:

480-858-6502

GREAT FUTURES START HERE.



Tempe Community Action Agency

The North Tempe Senior Center is operated by the Tempe Community Action Agency (TCAA). The Center offers billiards, books, magazines, television, playing cards, and a collection of board games. Programming includes luncheons, presentations, classes, special events, bingo, and a home delivered meals program. The senior center and its programs are for guests 60 and older. Visit TCAA's website www.tempeaction.org for more information.

Come on into the Senior Center and check us out!

Chair Yoga Tuesday 9:30-10:30am Chair Zumba Thursday 9:30-10:30am Game Day Tuesday 11am-3pm Walking in the Gym Monday-Friday 8am-9:30am

Weekly Activities

Open lounge-cards, billiards, TV, Library Monday-Friday 8am-3pm Silver Sneakers Mon/Wed/Fri 9:30-10:30am **Lunch Program** Mon/Wed/Fri 11:30am **Bingo** Monday 12:30pm

VOLUNTEERS NEEDED

for home delivered meals

Contact Kathy Flores

480-858-6510

Or stop by the Senior Center

Office Hours

Monday-Friday 8am-3pm

North Tempe Senior Center Special Events

MEANINGFUL MAGIC SHOW

Wednesday, January 13th

10:30am-11:30am

SNOWFLAKE TEA EVENT

Thursday, January 21st

12pm-1pm Cost: \$5.00

TAYLOR MARIES' FASHION SHOW

Wednesday, February 17th

9am-1pm

ST. PATRICK'S DAY EVENT

Wednesday, March 16th

10:30am-11:30am

Lunch is available following all events held on Wednesdays

Cost: \$3.50

All events and the congregate lunch that follows require reservations. Please make lunch reservations the day before the event. Call Barb at 480-858-6512 for any questions or to reserve your spot!



Classic Car Show

TCAA is hosting their 2nd Annual Classic Car Show at the North Tempe Multi-Generational Center

Friday, December 4th

From 10:30am-Noon

Contact Barb Armstrong at 480-858-6512 for more information

Check out Arizona Street Rod Association on Facebook







Maricopa County Head Start

Registering Now for 2015-2016!

Services provided to families include: Education to parents and children, meals for children, support for helping your child be healthy and safe and ready for school, referrals for community resources and much more! All services provided free of charge.

Documents needed:

- Child's birth certificate
- Parent/guardian proof of income

(W2 or 1040 tax form & current payroll stubs)

- Proof of address (utility bill or rental agreement)
- Child's Immunization record

To Schedule an appointment call 480-464-9669 ext. 200 2150 S. Country Club Dr., Suite 7 - Mesa, AZ 85201



EARLY HEAD START

Toddler Classes begin: JULY 16, 2015
One Full Day Session:
Monday to Friday
8:00 am to 3:00 pm

Toddlers are defined as being at least 1 year old and walking up to age 3

HEAD START

Pre-School classes begin: AUGUST 17, 2015

Half Day Sessions:

Monday to Thursday
8:00 am to 11:30 am
12:30 to 4:00 pm

Preschool is defined as 3 to 5 years of age

Chicanos Por La Causa

To sign up for classes, please call:

Jennifer Goodall

Community Outreach Coordinator

602-248-0428 x242

Jennifer.Goodall@parentingaz.org



Parenting Arizona offers FREE group classes for all parents and caregivers in a community based environment. Our classes through peer based discussion seek to promote healthy relationships between family members.

Services provided:

- Parenting skills
- School Readiness
- Promoting Literacy
- Child Development Information
- Child Health Resources
- Community Resources



Arizona Worker Rights Center

The center will be offering Work 101 workshops to help you with resume writing, email set up, and registering for work related sites ie: Jobbing, Indeed, and Career builder.

Tuesdays

9:30 a.m.-11:00 a.m.

Call to register for classes or for any questions

602-254-5452



349 North 4th Avenue Phoenix, AZ 85003 602-254-5452 www.azwrc.org

"Partnering for justice in the workplace and the world."

Tempe Community Council

Free Tax Preparation

Beginning January 30, 2016 - April 9, 2016

DON'T PAY TO FILE YOUR TAXES

Visit this VITA site to have your taxes prepared and e-filed for FREE!



Connecting those in need with those who care

WHEN AND WHERE:

Gracie's Village

1540 E. Apache, Tempe

Saturdays - 9am to Noon

Wednesdays & Thursdays – 5pm to 7pm

(Closed 3/5 through 3/12 for Spring Break)







Tax preparation is on a first-come, first-serve basis and only a limited number of tax returns can be completed each session. Please plan accordingly.

WHO IS ELIGIBLE:

Individuals and families who made less than \$53,000 in 2015, those with disabilities, and the elderly.

Please note that you may not qualify if your return is complex.

WHAT TO BRING TO A VITA SITE:

- Valid photo ID for yourself and/or your spouse.
- Social Security cards or ITIN cards for you, your spouse, and dependents.
- Birthdates for you, your spouse, and dependents.
- Wage and earnings statements from all employers. (Form W-2 or 1099-MISC)
- Interest and dividend statements from banks. (Form 1099-INT or 1099-DIV)
- Affordable Care Act statements (Form 1095-A, 1095-B or 1095-C)
- Social Security Statement (SSA-1099), Education Expenses (1098-T), Pensions (1099 R) and Unemployment Statement (1099-G) if applicable.
- Other relevant information about income and expenses, i.e., donations made, including those to schools, educational expenses, home interest, property taxes & medical expenses for those who will be able to itemize.
- Total amount paid for day care and the day care providers' tax identification number.
- For Direct Deposit bank routing numbers and account numbers.
- Copy of last year's tax return.
- If filing joint, both you and your spouse must be present to sign the return.

Receive Incentives to save \$100 or more of your refund
Bring your savings account information

FOR MORE INFO: www.tempecommunitycouncil.org 480.858.2323

Financial Stability Initiative Family Night with The Boys and Girls Club

Family nights bring together Parents and their Children in understanding Finances. Learn how to be money wise by attending our FREE family financial workshop for youth (age 5-17) and adults. Participants will be provided age-appropriate financial knowledge and skills to help manage their money. Areas covered include: budgeting, debt management, understanding interest and importance of saving.

January 12th, 5:30pm-7:30pm at the North Tempe Multi-



Monday-Cardio

9:30am-10:30am

Wednesday & Friday-Classic

9:30am-10:30am

Cardio- Circuit training is the focus of this class. Combine fun, fitness, and friends to increase heart health, muscular endurance, and power.

Classic- Move through a variety of exercises designed to increase muscular strength, range of motion, and skills required for daily living activities.



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY



A MOBILE MARKET

selling fresh fruits and vegetables at affordable prices

WEACCEPT/ACEPTAMOS

CASH - CREDIT - SNAP/EBT - EFECTIVO - CREDÍTO

COMING TO/LLEGANDO A

North Tempe Center 1555 N. Bridalwreath St.

Check with the front desk for exact dates and times

480-858-6500



facebook.com/FreshExpressDT



Need a Meeting Room?

The North Tempe Center has rooms available for your special event/meeting. Contact us at 480-858-6500 for more information.



How it works:

- 1. Visit the Welcome Desk to get the password.
- 2. Go to your Wi-Fi settings and select TempePublic.
- 3. Type in the password.
- 4. Accept the terms of service.
- Surf, browse, click and enjoy.



REGISTRATION START DATES

<u>Tempe Residents</u>

Non-Residents

December 7, 2015

December 14, 2015

Spring Brochure Available February 11, 2015



City of Tempe Class & Program Registration! 4 Easy Ways to Register!

Online Registration

Visit: http://www.tempe.gov/brochure <u>Mail-In Registration</u>

Mail Registration Form to: Tempe Class Registration 3500 S. Rural Road, Suite 201

Tempe, AZ 85282

Fax-In Registration

Fax Registration Form to: 480-350-5058

Walk-In/Drop-Off Registration

North Tempe Multi-Gen Center 1555 N. Bridalwreath Street

Phone Registration is Not Available

Refunds/Class Cancellations

In the event of a class cancellation, registrants will be notified by phone or e-mail.

Some classes that fall just below minimum enrollment may be kept open until the day before the class begins, in an effort to avoid cancelling the class. If a class cancels, a credit will be applied to the family account. The patron may request a refund instead of a credit and the amount will be issued by City check or credit card refund.

Withdrawal requests made after class begins may be subject to an administrative fee.